Day 1: Downtown Denver and Larimer Square

Start your adventure in the heart of the city. Explore the Denver Art Museum, stroll through the Civic Center Park, and wander around Larimer Square, Denver's most historic block. For lunch, head to Torchy's Tacos on Broadway. Indulge in their Baja shrimp taco or the Trailer Park taco for a flavorful kick-off to your Denver culinary journey.

Day 2: Red Rocks Park and Morrison

Take a short drive to Red Rocks Park to hike the scenic trails and visit the iconic amphitheater. In the afternoon, explore the small town of Morrison. For dinner, consider Los Carboncitos for authentic Mexican cuisine. Their alambres and homemade chips and salsa are a must-try.

Day 3: Denver Botanic Gardens and Cherry Creek

Spend your morning at the Denver Botanic Gardens, then head to the Cherry Creek Shopping Center for some retail therapy. For a late lunch or early dinner, Comida in Brighton Blvd offers a modern twist on Mexican dishes. Their beer-battered fish taco and chorizo potato are standout choices.

Day 4: Day Trip to Boulder

Take a day trip to Boulder, just a short drive from Denver. Hike the Flatirons, visit the University of Colorado campus, and stroll along Pearl Street Mall. Back in Denver, Tacos Tequila Whiskey offers a cozy dinner spot with a variety of tacos to choose from, including the Beer N Fish taco and a selection of fresh salsas.

Day 5: Denver Museum of Nature & Science and City Park

Explore the Denver Museum of Nature & Science, then enjoy a leisurely afternoon in City Park. For dinner, Adelitas Cocina y Cantina serves up delicious tacos on Taco Tuesday, with their Al Pastor tacos being a highlight.

Day 6: Rocky Mountain National Park

Dedicate a day to visiting Rocky Mountain National Park. Enjoy breathtaking views, wildlife spotting, and hiking trails. After a day of adventure, return to Denver and relax with dinner at Tacos Marlene, where the tripa burrito crispy and customizable salsa options await.

Day 7: LoDo and Coors Field

Spend your last day exploring Lower Downtown (LoDo) and catch a game at Coors Field if the timing is right. Reflect on your week over a meal at any of the taco spots you might have missed or return to your favorite one for a farewell feast.